

Social media Optimisation



Successbrew



Aaira kaur

Founder - [Selflovejewels.com](https://selflovejewels.com)



Aaira kaurr

Founder - Selflovejewels.com



Social media

Let's get started



ReDesign By



May 2024

SUCCESSBREW





Let's Begin with Linkedin



aairakaurr

[Click here](#) to visit the page.



Aaira Kaurr 🙋 · 1st
SelfLove Mentor | Author | Jewellery Entrepreneur | Motivational Speaker
Delhi, India · [Contact info](#)
3,501 followers · 500+ connections
Dr. Sukhmeet K Sahni Kalsi, Sagar Amlani, and 218 other mutual connections

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BEFORE



**Mentoring people
Manifest their Dream Life
with Selflove**

Selflove Mentor | Jewellery Entrepreneur | Author

Trusted by Leaders at

HCL Sapient vedanta NIKE AMERICAN EXPRESS amazon ATKINS

Aaira (Selflove Mentor) Kaurr 🙋
I can help you Heal, Energise, and Manifest your dream life with personal guidance and Selflove Jewels | Founder - Selflove Jewels | Selflove Mentor | Jewellery Designer | Motivational Speaker | Energy Healer
Delhi, India · [Contact info](#)
[Join Selflove Community](#) 
3,614 followers · 500+ connections

[Open to](#) [Add profile section](#) [More](#)

AFTER

Analytics

Private to you

**152 profile views**

Discover who's viewed your profile.

**333 post impressions**

Check out who's engaging with your posts.
Past 7 days

**59 search appearances**

See how often you appear in search results.

Show all analytics →

Resources

Private to you

**Creator mode** Off

Get discovered, showcase content on your profile, and get access to creator tools

**My network**

See and manage your connections and interests.

Show all 5 resources →

BEFORE

Analytics

Private to you

**154 profile views**

Discover who's viewed your profile.

**481 post impressions**

Check out who's engaging with your posts.
Past 7 days

**17 search appearances**

See how often you appear in search results.

Show all analytics →

Resources

Private to you

**Creator mode** On

Get discovered, showcase content on your profile, and get access to creator tools

**My network**

See and manage your connections and interests.

Show all 5 resources →

AFTER

Higher readability of the about summary content.

About

Aaira kaurr is amongst the Top Selflove Coach and Gemologist in the Self Development industry with her bestselling Book, Selflove The Power Within You, with an experience of a decade . Her ability to connect people hearts and is instrumental in transforming 20000+ lives . Her vision is to make people shine from inside and out, with her beautiful fine healing Jewellery.

I am passionate about sharing the awareness and need of SelfLove for every being to grow and transform their lives. SelfLove is the foundation of growth in every aspect of the life whether it's career, finance , relationships, mental peace n clarity, spiritually and good physical health.

SelfLove Coaching brings a transformational change with a shift of perception towards the daily course of life . It works on the core values system and with power of meditation , the process becomes easy.

Have more than 12 years of experience in working with clients on their Personal Transformation.

Learning is my core value , which keeps me motivated to learn and realise it everyday. Being Master NLP, Life Coach, Hypnotist, Sound Healer and Pranic Healer, my learning keep adding on.

You'll want to work with me today if you're a Business/Professional leader who wants to:

- Create a more peaceful & balanced Selflove lifestyle
- Improve health and well-being
- Overcome anxiety and stress
- Reframe negative and self-critic thoughts
- Learn Meditation from Basic to Advance
- Gaining Self Confidence

OR if you are a company that wants to:

- Create an authentic and positive working environment and culture



About

As a Self-Love Coach and Gemologist, I've embarked on a journey to illuminate the path of self-discovery and inner radiance.

With over a decade of experience and the bestseller "Self-Love: The Power Within You," I've had the privilege of touching the lives of over 20,000+ individuals and guiding them toward profound transformation.

My passion lies in fostering a deep sense of self-love that transcends every aspect of life – from career and finance to relationships, mental well-being, and spiritual growth. Through my finely crafted healing jewelry and transformative coaching, I aspire to make hearts shine from within.

I'm driven by a relentless desire for knowledge and personal growth daily. As a Master NLP practitioner, Life Coach, Hypnotist, Sound Healer, and Pranic Healer, I continuously expand my expertise to serve those on their journey to self-discovery better.

I have worked with brands like HCL, Sapient, Vedanta, American Express, Amazon, and Atkins.

If you're seeking to:

1. Cultivate a more peaceful and balanced lifestyle,
2. Enhance health and well-being,
3. Conquer anxiety and stress,
4. Rewrite the script of your life,
5. Embrace meditation and mindfulness.

My work is not limited to training and coaching; I can't be everywhere, so with the passion to expand my horizon in healing, I came up with Selflovejewels.com. The consecrated jewelry makes you look beautiful and gives you the required healing every time.

You can explore my social media content to get much free knowledge.

Instagram: <https://www.instagram.com/aairakaurr/>
Youtube: <https://www.youtube.com/@Aairakaurr/videos>
Personal Website: <http://www.aairakaurr.com/>
SelfLove Jewels: <http://www.selflovejewels.com/>

Let's connect and co-create a journey towards self-love and empowerment. Together, we can illuminate the path to personal and professional fulfillment. 🙌

After

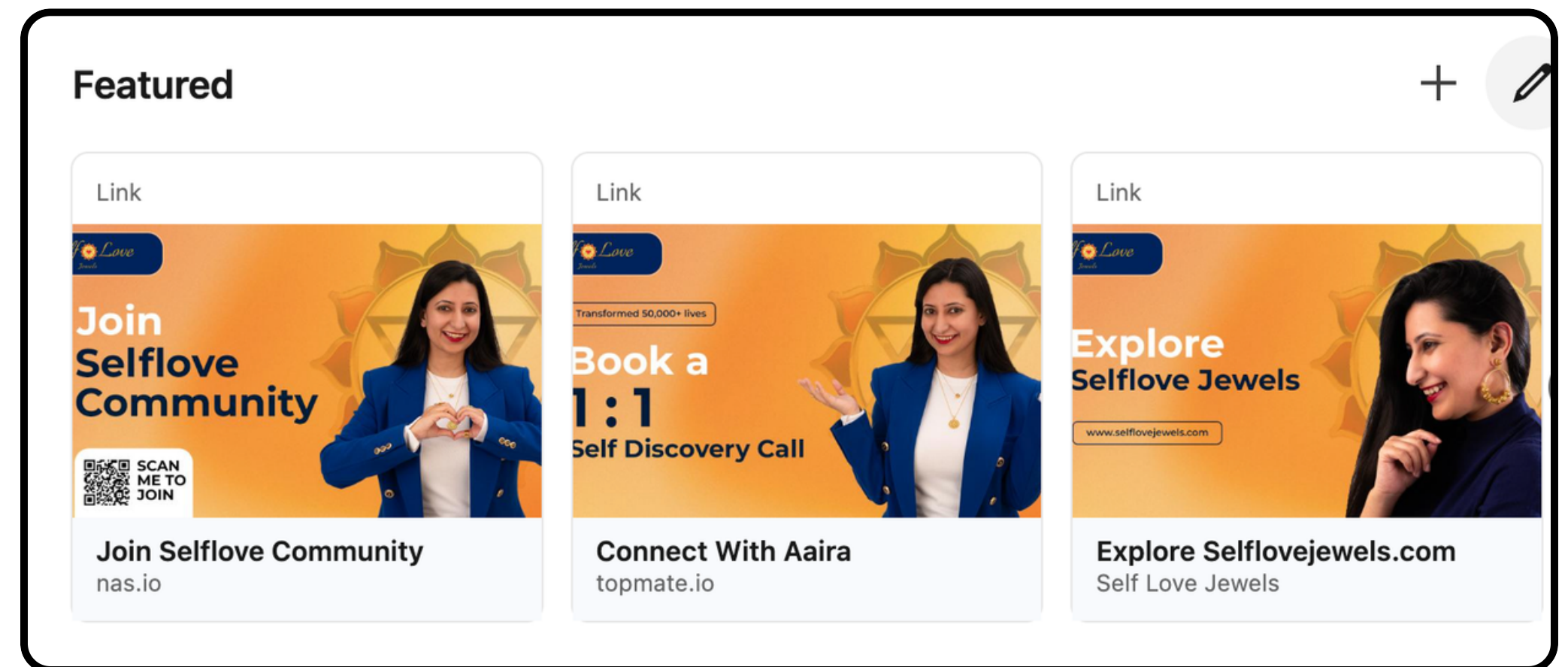
Before

Social Media Links were missing

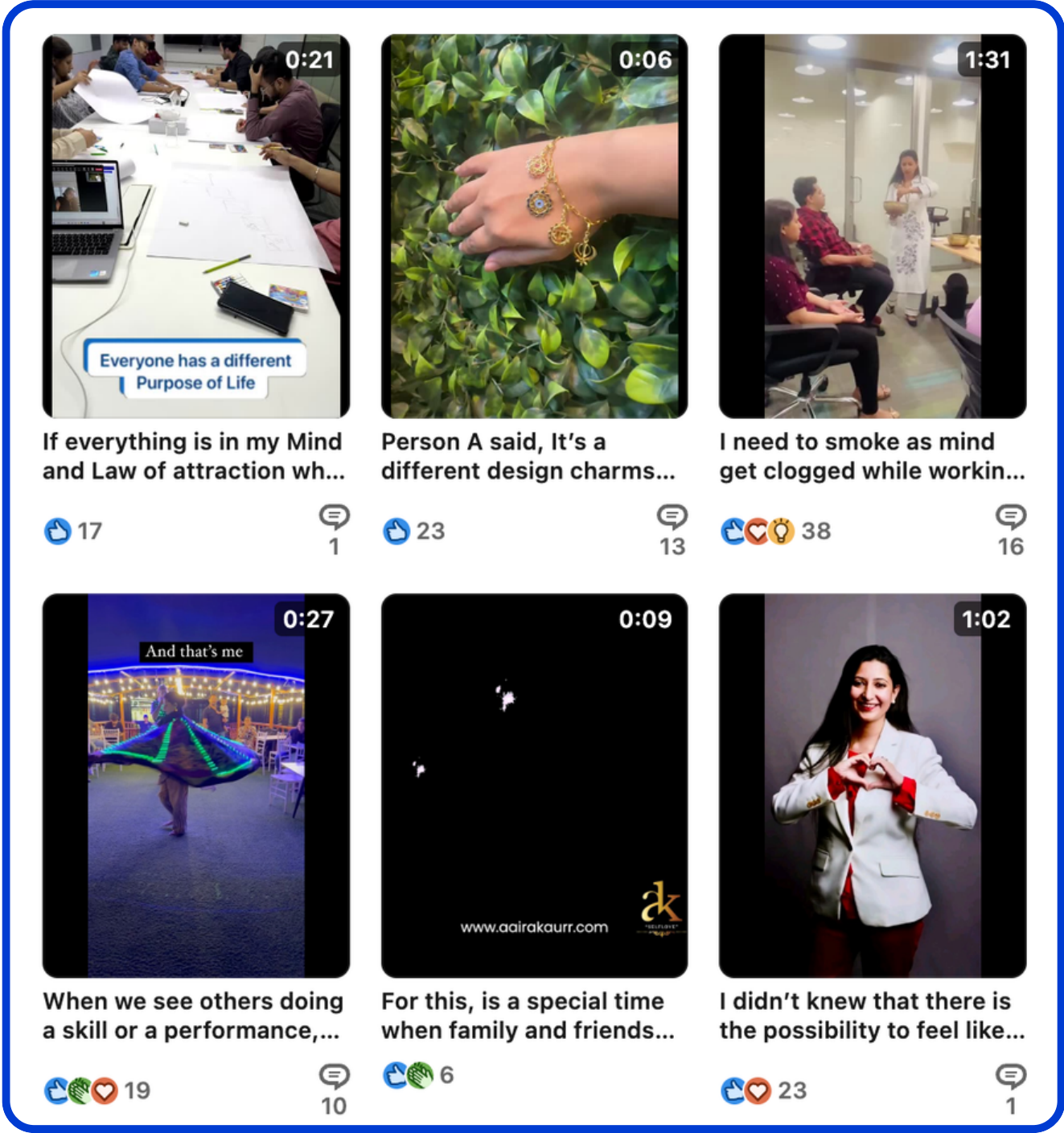
Before

**NO FEATURED
SECTION,
and in most
cases it is not
well designed**

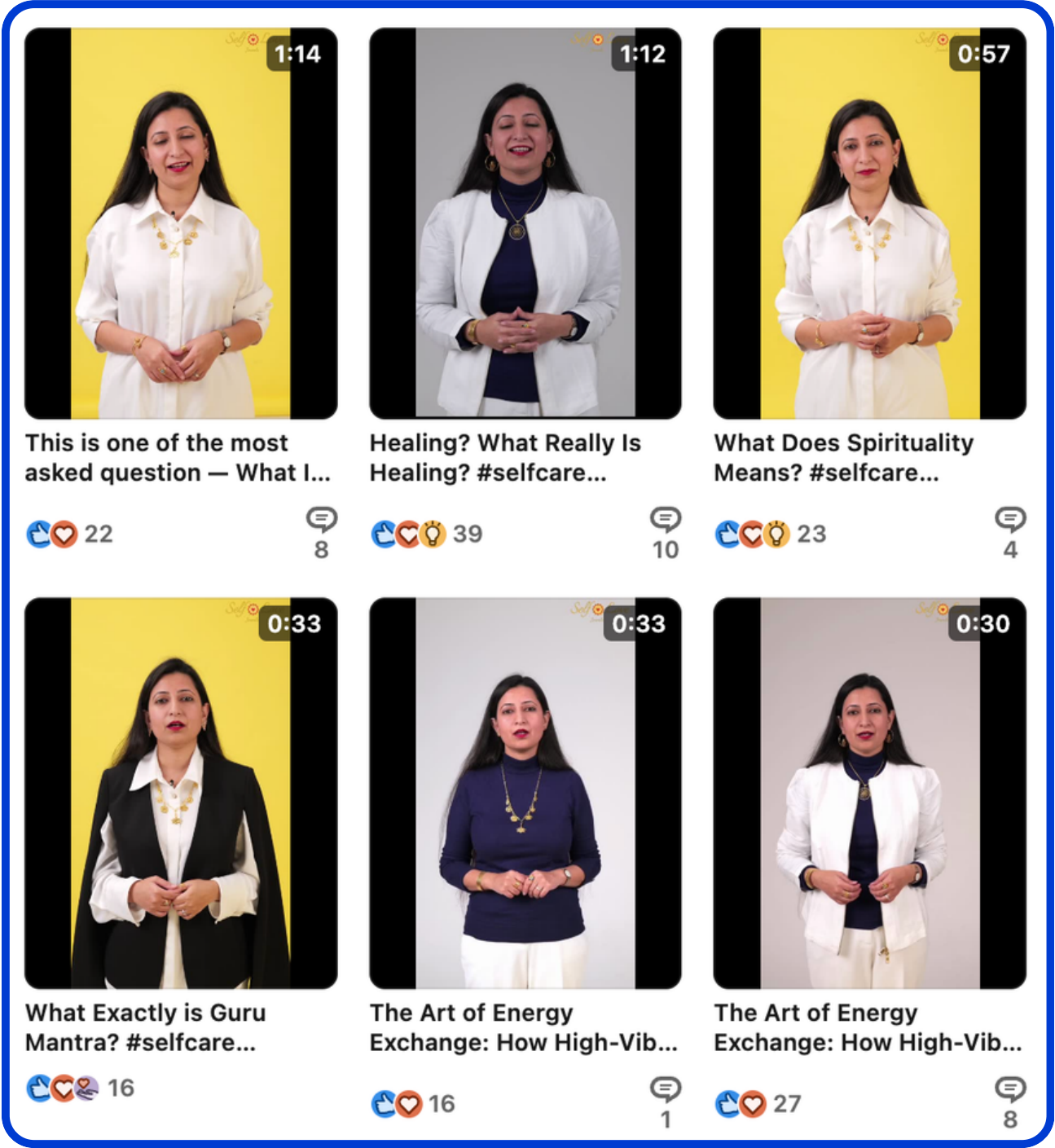
Thumbnail Design for Featured Section



First look of the content below the featured section



Before



After

Experience



Founder

SelfLove Jewels · Full-time
Nov 2022 – Present · 1 yr 6 mos
India · Hybrid

SelfLove Jewels is a powerful matrix of frequencies and sacred geometry. Each piece is a dynamic Energy Tool, that serves as a vehicle for Divine Energy, designed to Heal, Energise and Manifest.... [...see more](#)

💎 Pranic Healing, Wellness Coaching and +6 skills



Life Coach

Aaira
Jan 2014 – Present · 10 yrs 4 mos



Director

Connectedbeingz: The Wellness Consultancy · Full-time
Jan 2020 – Jul 2023 · 3 yrs 7 mos
Central Delhi, Delhi, India

Connectedbeingz : The Wellness Consultancy , pioneering in alternative healing methodology, they have a team of sound healers, doctors, energy healers, acupressure , nutritional advisor, yoga instructor ...[see more](#)



Founder

The Source Holistic Centre
Oct 2017 – Jul 2023 · 5 yrs 10 mos
Dlf Capitals greens , Moti Nagar , Delhi

Before

Experience Section Update with Relevant links and Images.

Experience



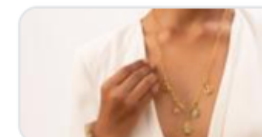
Founder and Chief of Design

SelfLove Jewels · Full-time
Nov 2022 – Present · 1 yr 6 mos
India · Hybrid

SelfLove Jewels is a powerful matrix of frequencies and sacred geometry.
...

[...see more](#)

💎 Pranic Healing, Wellness Coaching and +6 skills



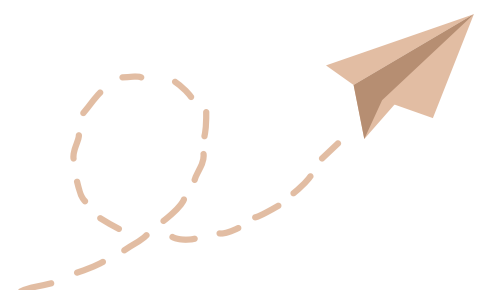
Life Coach

Aaira
Jan 2014 – Present · 10 yrs 4 mos

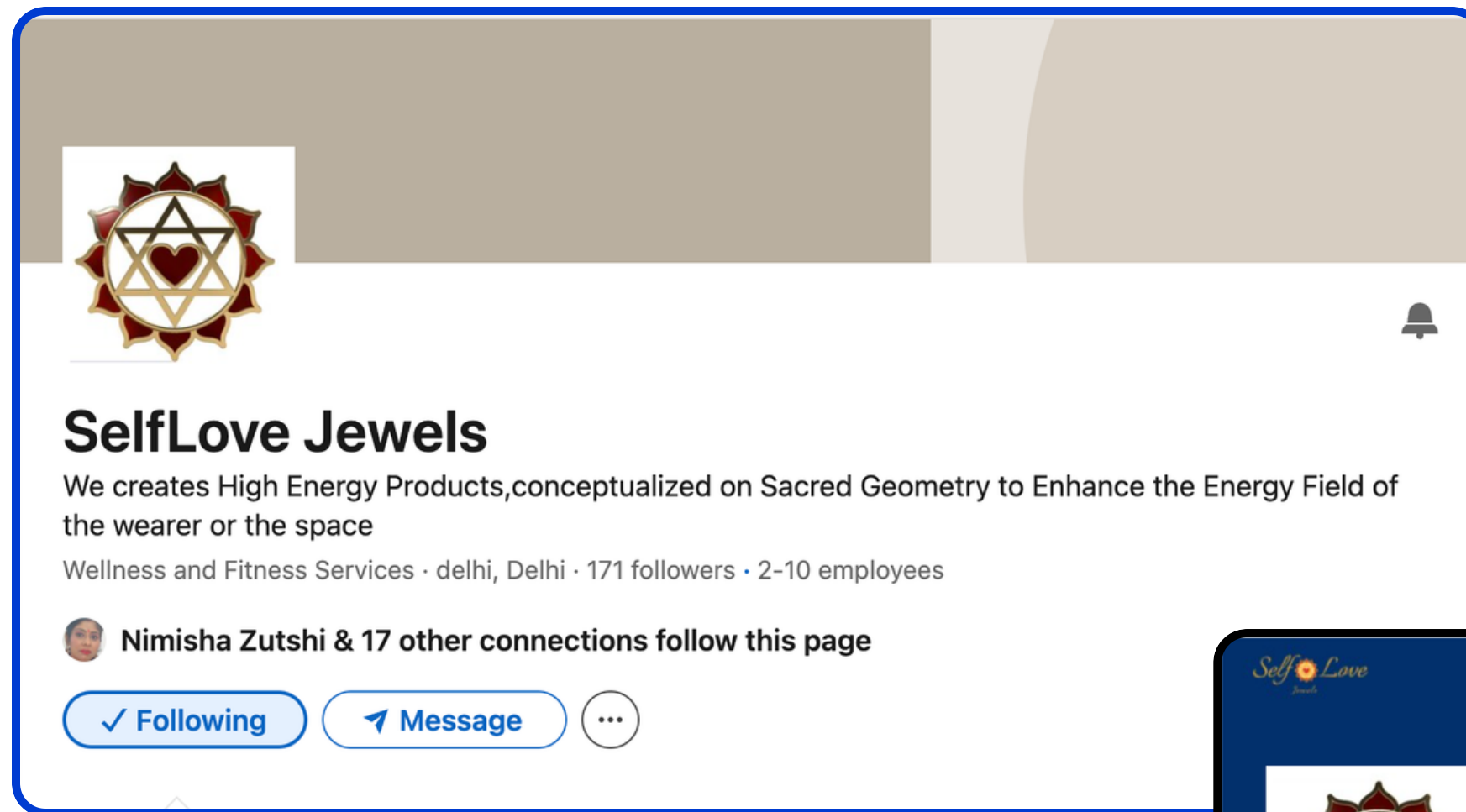


After

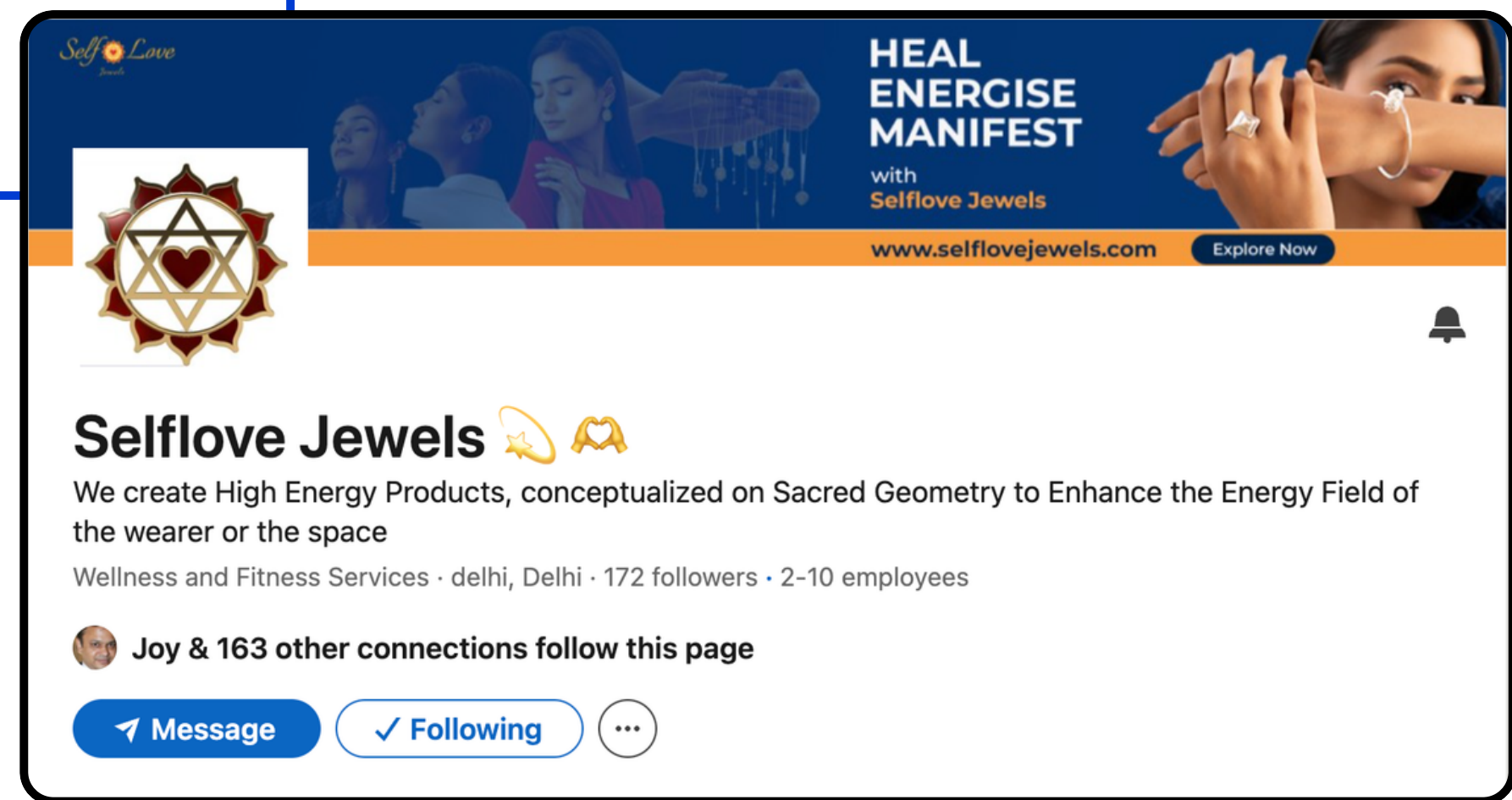
**Company's Brand
Page, Where your
target group
Interacts with you**



Brand page banner designed after product shoot



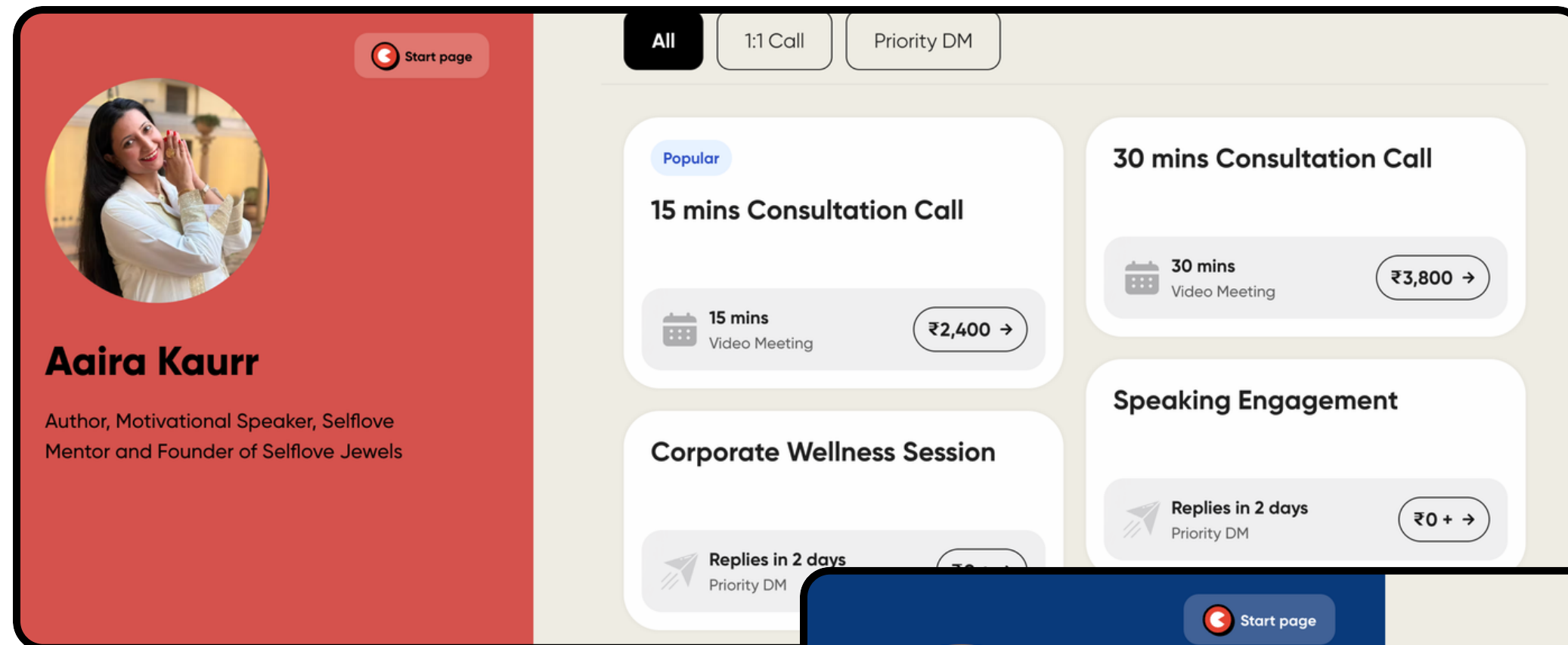
Before



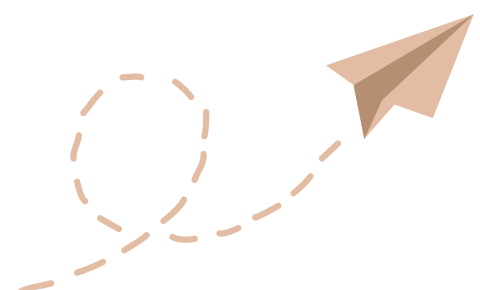
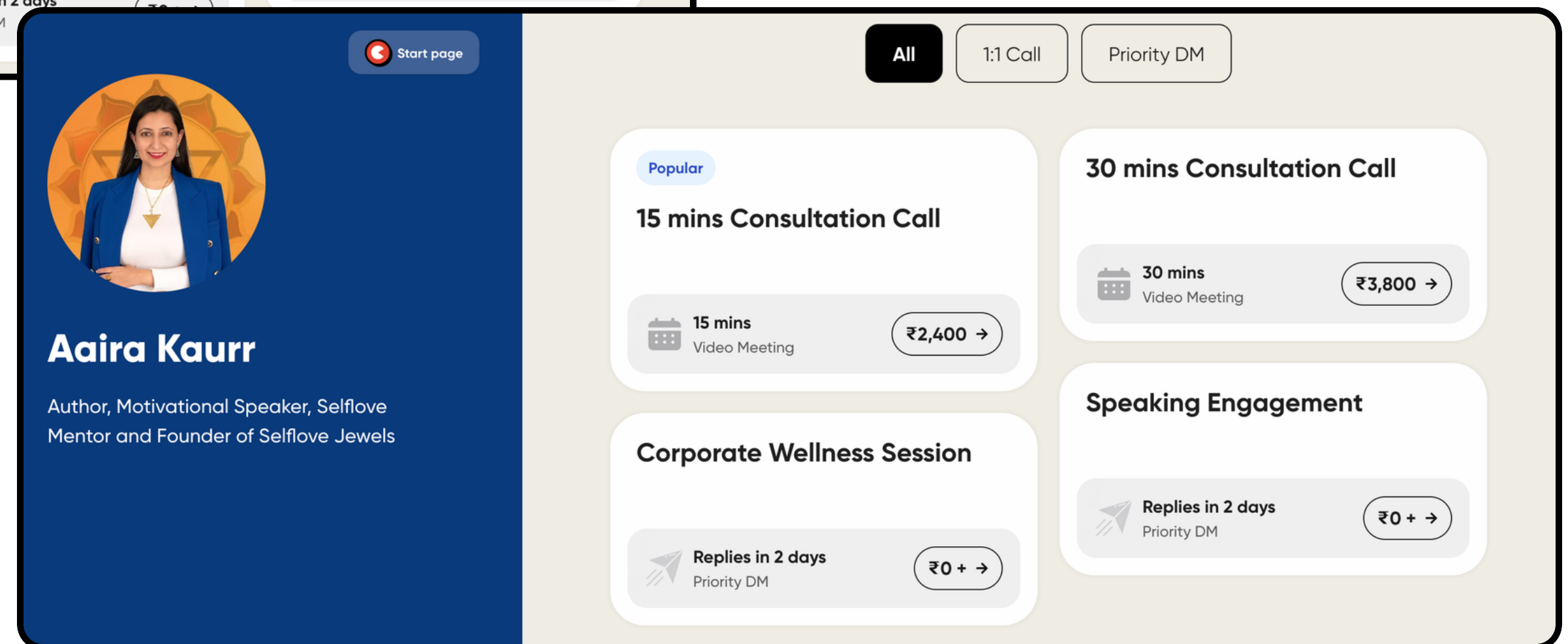
After

Topmate Booking Link Update as per the branding

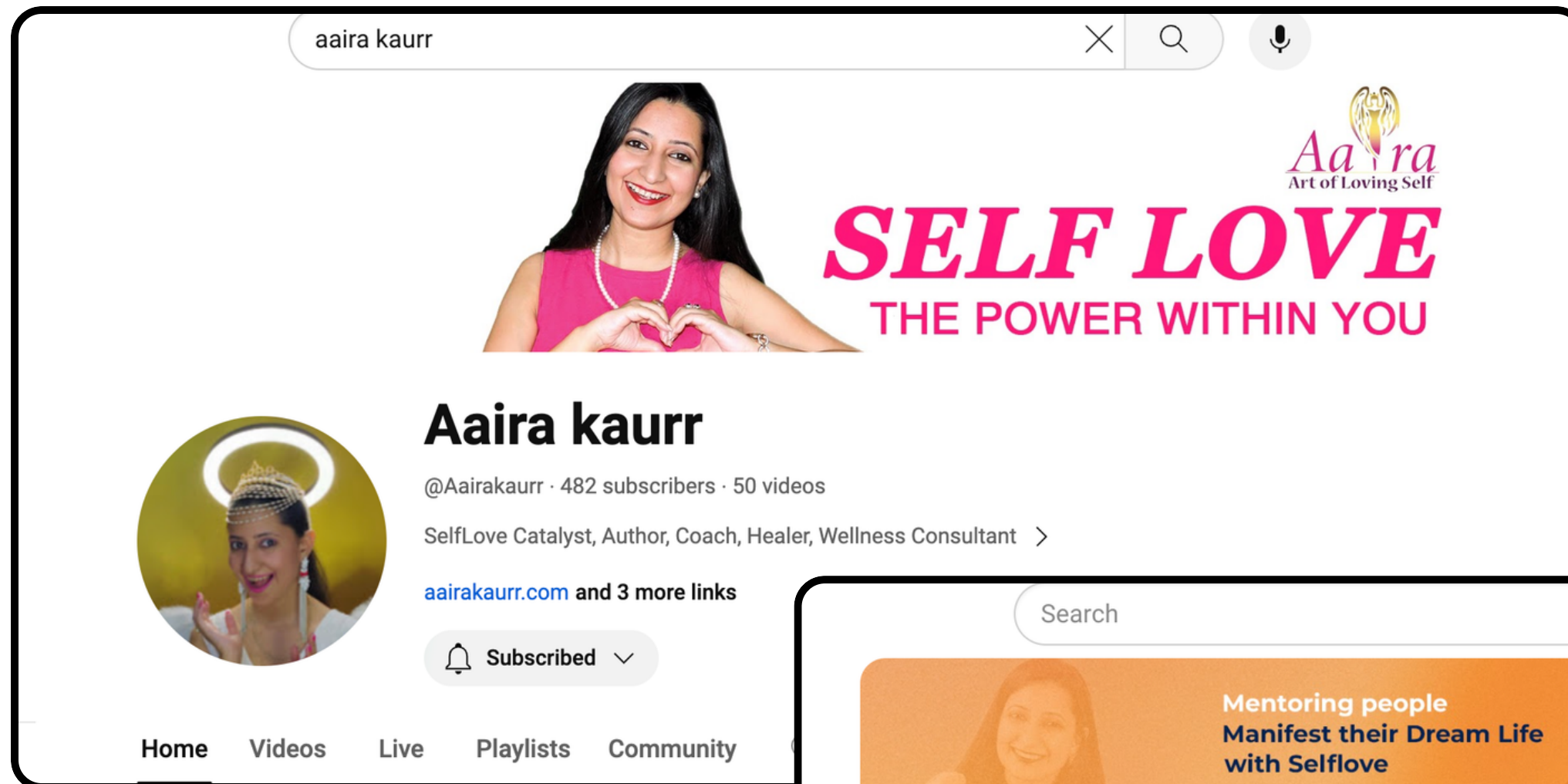
AFTER



BEFORE

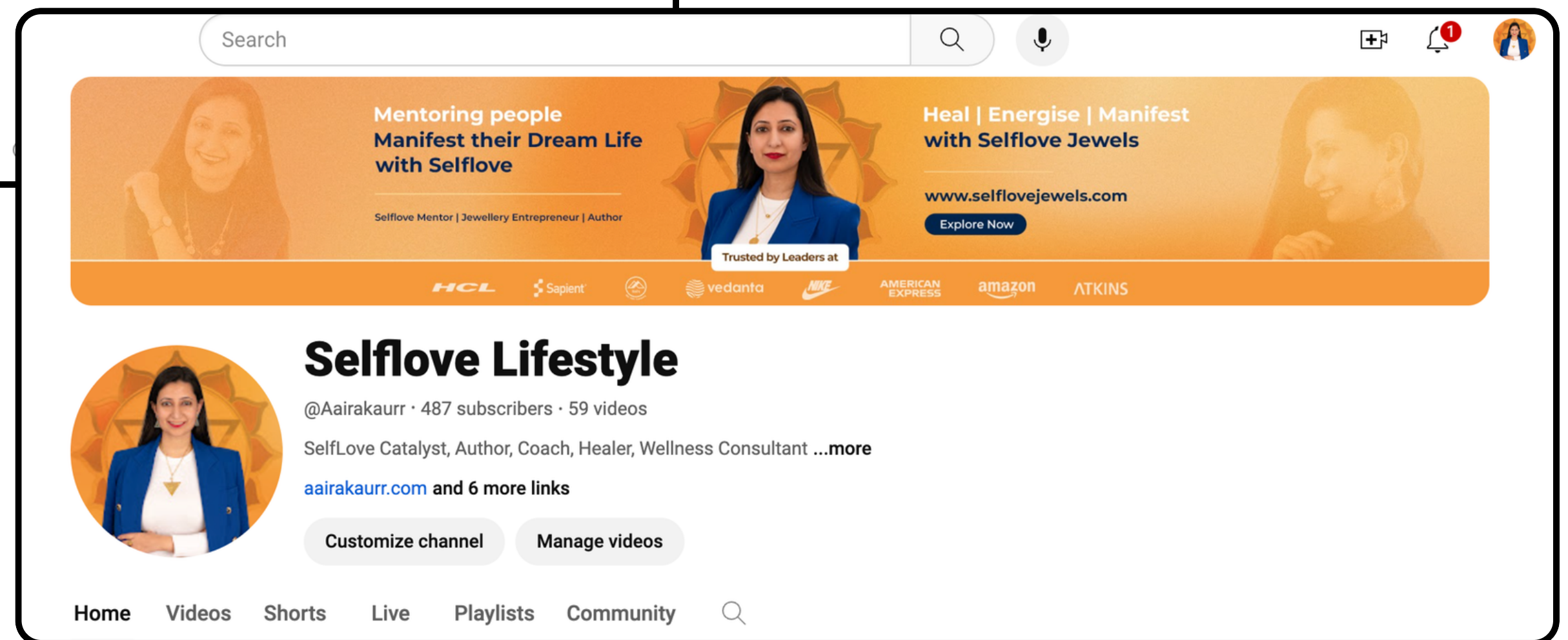






BEFORE

AFTER



Description ?

Take a challenge to practice this yoga nidra for 21 days and see the changes happening in your life. Yoga Nidra is an ancient method, which can open up the latent potentiality of the human mind. Yoga Nidra literally means yogic sleep which in essence is conscious sleep or rather, dynamic sleep. Normally, when people sleep, they don't unburden totally, they carry their frustrations, conflict, pain, and turmoil with them, hence, sleep never goes deep. It is a kind of deep sleep in which you don't lose consciousness; it is sleeping with a trace of awareness. in this state, the mind is tremendously relaxed and open to suggestions. The practice of Yoga Nidra not only relaxes, releases all muscular, emotional and mental tensions but restructures and reforms our whole personality from within. It burns away habitual negative tendencies and in a way, one is born anew with every Yoga Nidra session.

Script is taken from book of Yoga Nidra by Swami Satyanand Sarawati.

This Yoga Nidra Session resolve is " I will be successful in all that i Undertake ".

Do leave comments and reviews after the session.

You can also follow me on
insta & fb id - aaira4love

You can Contribute for development of more videos like these by
Google Pay or Paytm @9650012266

Aaira
Selflove Catalyst



1,929 views May 13, 2019 #astrology #selfcare #selfimprovement

What is YOGA NIDRA?

Yoga Nidra is an ancient method that can open up the human mind's latent potential. It literally means yogic sleep, which is conscious sleep or dynamic sleep.

Usually, when people sleep, they don't totally unburden themselves; they carry their frustrations, conflict, pain, and turmoil with them, so sleep never goes deep.

It is a kind of deep sleep in which you don't lose consciousness; it is sleeping with a trace of awareness. In this state, the mind is tremendously relaxed and open to suggestions.

The practice of Yoga Nidra not only relaxes and releases all muscular, emotional, and mental tensions but restructures and reforms our whole personality from within.

It burns away habitual negative tendencies, and in a way, each Yoga Nidra session is like a new birth.

The script is taken from the book of Yoga Nidra by Swami Satyanand Saraswati.

This Yoga Nidra Session resolve is "I will be successful in all that I undertake."

Take a challenge to practice this yoga nidra for 21 days and see the changes in your life. Share about your life in our community group.

If you wish to improve the quality of your life and create everything you desire, join the self-love community, where we have Peer-to-peer discussions and Experience sharing.

<https://nas.io/self-love-community-by...>

Visit: My Website: (<http://www.aairakaurr.com/>)

Company Website: [Www.selflovejewels.com](<http://www.selflovejewels.com/>)

Follow me on Instagram:  / aairakaurr

Follow me on LinkedIn:  / aairakaurr

#astrology #selfcare #selfimprovement #selflovejourney #protectyourpeace #selfloveempowerment

Linkedin Views growth in 8 weeks

200+ followers growth

Aaira Kaurr 🦋 posted this • 1mo

5 steps to Self Love!

Transform Your Life in 5 Steps: The Ultimate Guide to Self Love! ❤️

#selfcare #selfcarethreads #selflove #selflovejourneyshow more

47

8 comments • 2 reposts

▲ 1,302 Impressions

Aaira Kaurr 🦋 posted this • 2w

Healing?

Healing? What Really Is Healing?

#selfcare #selflove #selflovejourney #selflovequotesshow more

40

10 comments • 1 repost

▲ 1,255 Impressions

Aaira Kaurr 🦋 posted this • 1mo

Have you ever felt drained after talking to someone?

Have you ever felt drained after talking to someone?

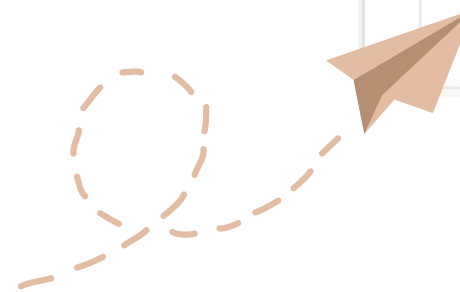
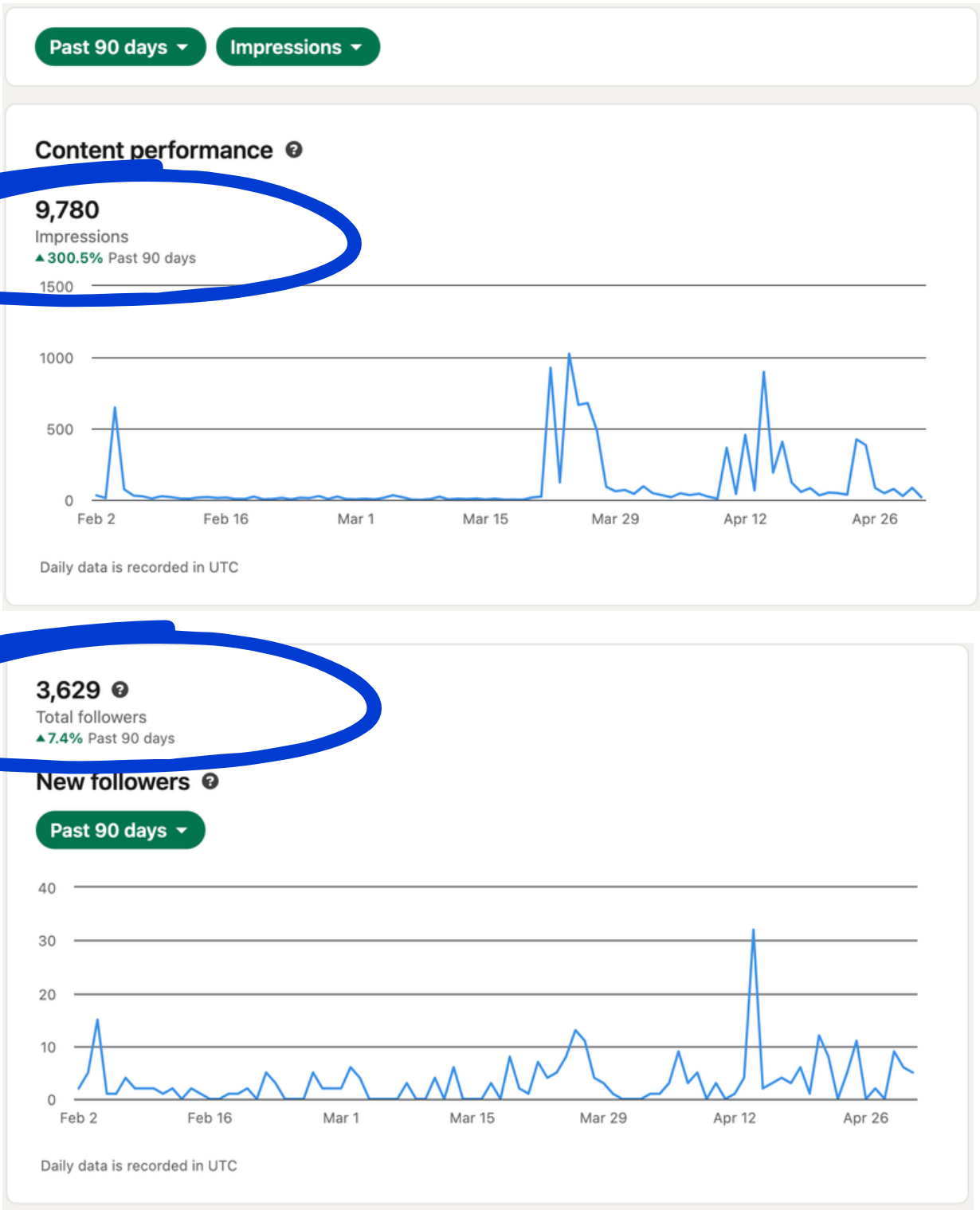
Why does this happen? ...

...show more

27

3 comments

▲ 1,249 Impressions



SUCCESSBREW



Thank You

REACH OUT FOR ANY QUESTIONS.

EMAIL

TEAM@SUCCESSBREW.IN

SOCIAL MEDIA

@CONSULTSOURABH

